

Inter alpen

Highlights

Spring & summer 2025





Dear guests,

Spring is just around the corner, bringing with it the anticipation of warm temperatures, blooming nature, and unforgettable experiences.

This year is especially unique – we are celebrating 40 years of Interlpen-Hotel Tyrol. Join us for this special occasion.

The upcoming season offers a perfect blend of exclusive experiences, first-class cuisine, and diverse activities, ensuring an unforgettable time. Quality moments with family on the Seefeld plateau are sure to create lasting memories.

Indulge in our exquisite menus from our Chef's Table, awarded a Michelin star, and experience the highest level of culinary art.

Warm regards,

Karl Bruggemann
Managing Director

Lisa Minatti
Deputy Director &
Guest Relations



40 Years

Since 1985

Happy birthday!

There's a special occasion coming up as we prepare to celebrate our 40th anniversary in 2025! This year, from 19 to 21 September, we look forward to welcoming you to our special anniversary weekend as we celebrate this wonderful event together. Savour the festive atmosphere, culinary highlights and a truly memorable occasion!

To mark this special anniversary we are offering a 19.85% discount on the standard room rate. Book with our reservations department on +43 50809-30.

A pleasurable and memorable weekend of luxury awaits.
Join us for an unforgettable anniversary experience!

40 years of Interpalpen-Hotel Tyrol

Interalpen-cuisine

Culinarium

26th July 2025

Experience culinary delights and immerse yourself in a world where quality, craftsmanship, and regionality take center stage.

- * I welcome setup in the room
- * Aperitif with Pernod Ricard and musical accompaniment
- * On this evening our chef Mario Döring and renowned guest & star chefs will create a unique menu for you.
- * I give-away in the room
- * Meet & greet with the guest chefs at the fireside bar
- * Wine accompaniment with hand-picked wines from the restaurant management and head sommelier Theresa Percht



The first Michelin star



A moment for eternity

The Interalpen-Chef's Table has now been honoured with a Michelin star for the first time. This award is only given for the highest culinary standards, perfection and genuine craftsmanship. We are very grateful to Mario Döring and his passionate and creative kitchen team for conjuring up so many pleasurable moments of culinary joy.

Experience the joys of exclusivity as we spoil you with a menu of delicacies to sample and savour!





Wellness at home

The salt-oil scrub is made from 1 cup of coarse salt and ½ cup of vegetable oil (e.g. olive, coconut or almond oil). Optionally, add 10–15 drops of essential oils (e.g. lavender or lemon). Mix well and fill the contents into a sealable jar. Massage into damp skin in circular motions, then rinse off with warm water. Use 1–2 times a week for soft, well-cared-for skin.

Interalpen-springtime

*Relax
into spring!*

8th May – 10th July 2025

When the first dainty buds push through, then flowers begin to bloom, give in to the lure of the great outdoors bathed in warm rays of sunshine! It's the perfect time for a few days' away in the Tyrolean mountains. Enjoy a wonderful package of well-being and luxury for a laid-back start to spring.

- * 2 nights in the room category of your choice (Premium, Superior, Deluxe)
- * 1 spa voucher worth €45 pp
- * Including all Interalpen standard services

Interalpen-wellness

Pure relaxation

6th January – 16th December 2025

Relax in the fresh mountain air at 1,300 metres above sea level and enjoy an aromatic oil massage and a salt-oil peeling treatment to steady your inner balance.

- * 3 nights in the room category of your choice (Premium, Superior, Deluxe, Deluxe Twin)
- * 1 spa voucher worth €45 pp
- * 1 aromatic oil massage (35 minutes)
- * 1 salt-oil peeling (35 minutes)
- * Including all Interalpen standard services

Family pleasure in the mountains



Interalpen-family time

Holiday package

6th January – 12th December 2025

Direct booking for families: book 7 days, pay for 6 or book 14 days, pay for 12. Delight in honest alpine hospitality, a 5,300 m² spa area and delicious cuisine for connoisseurs. This package offers both relaxation and numerous activities for children and adults at 1,300 metres surrounded by magnificent alpine scenery.

- * 7-days stay – pay for 6 days
or 14-days stay – pay for 12 days
- * Rich & varied buffet breakfast
- * 6-course evening meal with a salad buffet and cheese selection
- * Access to the spa area
- * Underground car park
- * Including all Interalpen standard services



Interalpen-family time

Babymoon

6th January – 12th December 2025

Parents-to-be should seek out our exclusive 'Babymoon' package offering a magical time-out to relax, be pampered and enjoy treatments as they look forward to a new life.

- * 3 nights in the room category of your choice (Premium, Superior, Deluxe, Deluxe Twin)
- * Hyapur detox facial massage (30 minutes)
- * Quick manicure or quick pedicure (50 minutes)
- * Exclusive craving box on arrival
- * Vitamin-packed offerings in the spa restaurant
- * Cake in your room from the in-house patisserie
- * Surprise gift in your room
- * Including all Interalpen standard services



Interalpen-Tennis Days

Game. Set. Relax.

8th May – 30th September 2025

Take part in a varied training session or a thrilling match at 1,300 metres.
Improve your technique, stamina and playing skills for all strokes with tailored training programmes compiled by professional tennis players.

- * 4 nights in the room category of your choice (Premium, Superior, Deluxe, Deluxe Twin)
- * Welcome surprise in the room
- * 1 aperitif per person (Veneziano or another welcome cocktail) at the fireplace bar
- * 3 x 90-minute tennis sessions with a professional LUX tennis coach
- * Vitamin-packed offerings in the spa restaurant
- * Interalpen classic massage (35 minutes)
- * Including all Interalpen standard services



Interalpen-Golf Days

Golf & Relax

Valid for the spring to autumn golf season in 2025

Combine a golfing break with wellness. Play the 18-hole Seefeld-Wildmoos golf course, just 900 metres from the Interalpen-Hotel Tyrol, or any of the other Tyrolean golf courses.
Relax in our spa after an eventful day and savour a shoulder and neck therapy.

- * 4 nights in the room category of your choice (Premium, Superior, Deluxe, Deluxe Twin)
- * Golf Tirol Card covers 3 green fees – valid on all golf courses in Tyrol
- * Free shuttle service with a golf caddy to the Seefeld-Wildmoos golf course
- * 1 shoulder and neck therapy (45 minutes)
- * Including all Interalpen standard services





Interalpen-Cabrio Days

A sense of freedom

2nd – 5th July 2025 | 3rd – 6th September

Enjoy the freedom of four wheels and peerless driving pleasure during this year's Cabrio Days. There are two extended drives past picture-book alpine scenery and a convivial evening in the rustic Interalpen-mountain hut.

- * 3 nights in a deluxe double room
- * Welcome gift in your room on arrival
- * Welcome cocktail
- * Convivial Tyrolean alpine cabin evening with live music
- * Champagne reception & gala evening
- * 2 exclusive excursions (including lunch, aperitif, refreshments – all accompanied by a photographer)
- * Including all Interalpen standard services



Interalpen tour booklet

Discover yourself



Breathtakingly stunning mountain scenery in Tyrol and beyond opens up ahead as you drive away from the Interalpen-Hotel Tyrol embarking on anything from a leisurely panoramic drive to a winding pass road ride. Every tour offers new insights into the impressive diversity of the region. Obtain the tour booklet from the hotel or download it here!



You can obtain the tour booklet from the hotel or download it directly here.



Interalpen venues

*Inspiration
meets excellence*

Interalpen-Hotel Tyrol offers perfect venues for private celebrations – from large weddings to smaller family celebrations and christenings. Let it be our pleasure to tailor the modern, elegant and traditional rooms to your celebration and your individual wishes. Our versatile venues offer spaces for 14 to 300 guests to experience truly memorable occasions. Sit back and enjoy!



Enjoy some family time and enquire now at:
www.interalpen.com/en/meetings-events/inquiry/

Hofburg

Hofburg is a chic, stylish and exclusive venue offering state-of-the-art technology, a range of seating arrangements and harmonious lighting. It's great for cookery shows, wine tasting sessions, parties and live events with music.



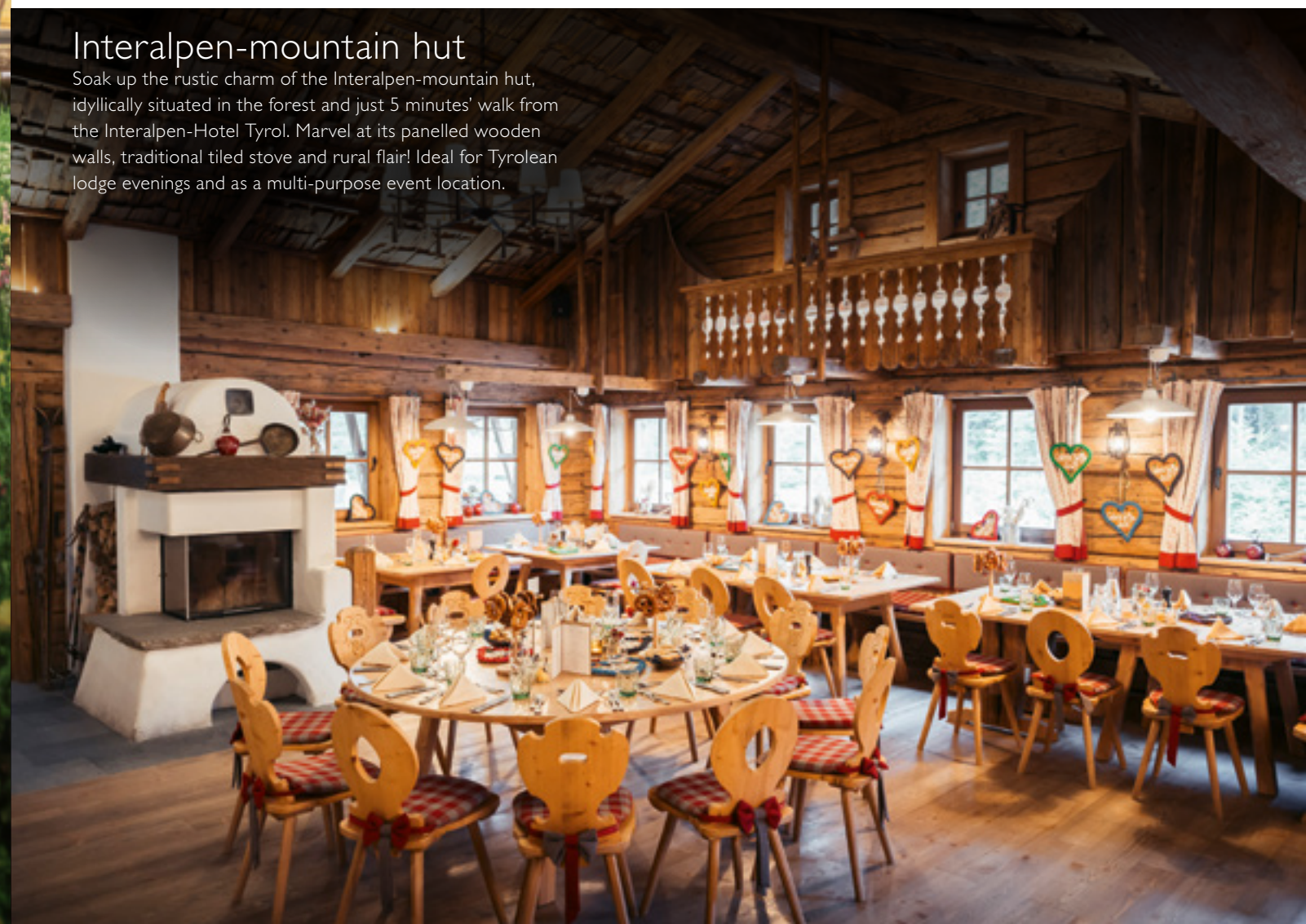
Andreas-Hofer-ballroom

Andreas-Hofer-ballroom is impressively spacious. The multi-purpose facility is ideal for hosting conferences, seminars and events for up to 400 people. Celebrate at a very elegant and atmospheric venue.



Interalpen-mountain hut

Soak up the rustic charm of the Interalpen-mountain hut, idyllically situated in the forest and just 5 minutes' walk from the Interalpen-Hotel Tyrol. Marvel at its panelled wooden walls, traditional tiled stove and rural flair! Ideal for Tyrolean lodge evenings and as a multi-purpose event location.



Event outlook

Things to look forward to!

Additional information about events, offers and vouchers can be found on our website at www.interalpen.com or in the Interalpen app. For bookings, please contact the reservations department on +43 (0) 50809-30 or reservation@interalpen.com

May

★ Mother's Day Brunch	11.05.2025
Yoga with Arianne Reimer	15.05. – 18.05.2025
Yoga with Brigitte Gnann	23.05. – 25.05.2025
Yoga with Petra Hutera	29.05. – 01.06.2025

June

Yoga with Johanna Piglas-Feucht	06.06. – 11.06.2025
Yoga with Barbara Graf	18.06. – 22.06.2025
Yoga with Arianne Reimer	26.06. – 29.06.2025

July

★ Golf week	07.07. – 13.07.2025
Cabrio Days	02.07. – 05.07.2025
Meditation with Maria-Theresia Zetting	11.07. – 13.07.2025
Family Relax with Christiane Hosemann	14.07. – 20.07.2025
Yoga with Barbara Graf	23.07. – 27.07.2025
Kids' summer party	25.07. – 26.07.2025
★ Culinarium	26.07.2025

August

Yoga with Johanna Piglas-Feucht	01.08. – 09.08.2025
Kids' summer party	01.08. – 02.08.2025
Kids' summer party	08.08. – 09.08.2025
★ Petra Hutera kids' event	11.08. – 16.08.2025
★ Kids' summer party	15.08. – 16.08.2025
Yoga with Brigitte Gnann	21.08. – 24.08.2024
Kids' summer party	22.08. – 23.08.2024

September

Cabrio Days	03.09. – 06.09.2025
Meditation with Maria-Theresia Zetting	05.09. – 07.09.2025
★ Anniversary weekend	
40 years Interalpen-Hotel Tyrol	19.09. – 21.09.2025
Yoga with Brigitte Gnann	18.09. – 21.09.2025
★ Autumn festival	19.09. – 21.09.2025
Hiking week	26.09. – 05.10.2025

October

★ Yoga with Barbara Graf	01.10. – 05.10.2025
Nordic walking with Petra Hutera	12.10. – 19.10.2025
Yoga with Arianne Reimer	16.10. – 19.10.2025
Yoga with Brigitte Gnann	30.10. – 02.11.2025

November

Yoga with Barbara Graf	05.11. – 09.11.2025
Yoga with Johanna Piglas-Feucht	13.11. – 16.11.2025
Yoga with Arianne Reimer	20.11. – 23.11.2025
Yoga with Brigitte Gnann	27.11. – 30.11.2025
Mountain Advent	28.11. – 30.11.2025
★ Kitchen party	29.11.2025

December

★ Mountain Advent	05.12. – 07.12.2025
Meditation with Maria-Theresia Zetting	05.12. – 07.12.2025
Mountain Advent	12.12. – 14.12.2025
Yoga with Brigitte Gnann	11.12. – 14.12.2025
Yoga with Christiane Hosemann	15.12. – 21.12.2025
Mountain Advent	19.12. – 21.12.2025

★ Interalpen-event tip

Subject to change

INTERALPEN-HOTEL TYROL

★★★★★s

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LEGEND™

Preferred
HOTELS & RESORTS